



A Publication of the McChord AFB Retiree Activities Office for Air Force Retirees, their spouses or survivors. Department of the Air Force, 100 Joe Jackson Blvd, Customer Service Mall Rm 1001, McChord AFB WA 98438-1114; Phone (253) 982-3214 (Voice Mail 24 hours a day) Fax 253-982-5234. Email - rao@mcchord.af.mil Web Site www.mcchordrao.com Retiree Activities Office: Open 0900-1200 Monday - Friday

Tax Assistance Now Available Worried about filing taxes on time this year and you are not sure where to turn for help. The McChord Tax Center has officially opened offering free services to all active duty service members, reservist on orders and retirees and all military family members. Retired service members, reservist and spouses of deployed service members should call the tax center to schedule an appointment. The tax center is located in building 100 room 3007 (third floor). Hours are 9 am to 3 pm weekdays. All tax services at the center are by appointment only. The tax centers phone number is (253) 982-6857. The following documents and information are needed to complete your tax return.

- Military identification
- All W2 forms
- All 1099INT, 1099R and 1099DIV forms
- Form 1098
- Tuition Expense forms
- Proof of a bank account (your checkbook or a copy of a check) if a direct deposit is requested.
- Power of attorney (if necessary)
- Receipts of deductible expenses if itemizing deductions
- Proof of child care expenses (provider social security or tax identification number and address)
- Amount of any advanced child tax credit (rebate) received
- Social Security numbers and dates of birth of your spouse and / or dependents
- Previous year's tax return
- Any other tax-related documents

The tax center is limited to individual income tax assistance only. Return preparation for personnel business is prohibited by regulation. Taxpayers may complete more complicated schedules and bring them in with the rest of their documents for electronic filing. For more information, call the tax center at (253) 982-6857. *Source: 62nd Airlift Wing Legal Office*

AARP Takes the Sting Out of Tax Time Free tax assistance and tax preparation for taxpayers with low and middle-incomes, with special attention to people age 60 and older, is available from AARP Tax-Aid from Feb 1 through April 15th. You do not need to be a member of AARP or a retiree to use this service. AARP Tax-Aide volunteers have gone through a rigorous training program offered in conjunction with the IRS and *(Continued on the next page)*

(AARP continued) have the knowledge to prepare your tax return taking advantage of the many provisions of the tax code. Trained AARP Tax-Aide volunteers will offer help with personal income tax returns at over 200 sites in Washington. The program is offered at senior centers, libraries and other convenient locations.

For further information or to locate a site near you, call their toll free number, 1-800-227-7669. When you visit an AARP Tax-Aide site, take your copy of last year's return, all w-2 and 1099 forms including your SSA-1099 for Social Security benefits paid, all receipts and cancelled checks if itemizing, Social Security cards for yourself and dependents, and if applicable, dependent care provider information including, name, employer, and Social Security number. (Source: *Northwest Prime Time Guide to Healthy Living*)

TRICARE Payments to Change Beginning in 2010, TRICARE Prime beneficiaries who pay enrollment fees will need to make their fee payments via electronic means, according to a representative for TRICARE. If you are enrolled in TRICARE Prime as a retired service member, the family of a retired service member, a survivor or an eligible former spouse, the electronic payment will be required. These changes mean that those TRICARE enrollees who pay enrollment fees will be required to pay them by one of the following methods: (1) allotment from the sponsor's retired military pay, (2) electronic funds transfer from your financial institution, or recurring credit card. To register and get started, visit the [TriWest website](#). (Source: *TriCare*)

TRICARE Guidelines for Travelling: Here are guidelines for actions that you must take to insure that your TRICARE service is available if you plan to travel. Prior to your departure, verify that your information and your family's information is up to date in the [Defense Enrollment Eligibility Reporting System \(DEERS\)](#). Pack your uniformed services ID card and your TRICARE Prime/TRICARE Prime Remote enrollment card, which you may need to present if you need medical care or prescriptions refilled while traveling. Call the number on the back of your enrollment card (1-877-874-2273) to find out what to do prior to seeking care or if you are hospitalized while traveling. Schedule any routine care with your Primary Care Manager (PCM) before you travel. [Urgent care](#) must be coordinated in advance with your PCM. Learn more about [TRICARE](#) at [Military.com](#). (Source: *Military.com*)

McChord 31st Annual Retiree Dining Out On Friday evening 17 April 2009, the McChord Retiree Activities Office will host its 31st Annual Retiree Dining Out at the McChord Co-located Clubs. The keynote speaker for this year's Dining Out will be Colonel Mark Shane Hershman, USAF. Col Hershman is the AMC director of Joint Basing Lewis-McChord at McChord Air Force Base, Washington. He is responsible in developing the joint base structure. Col Hershman will give a talk on the implementation, progress and goals of the McChord / Ft. Lewis Joint Base Realignment Project. In addition, there will be a display of World War II artifacts and captured war souvenirs on view. This display is provided by a local WWII Reenactment Team. The reenactment team will give a brief presentation on who they are and what they provide and will mingle with the dining out attendees to answer questions and relate historical stories of battle actions during WWII.

The McChord Retiree Activities Dining Out is open to all retirees and active duty personnel of all branches of the military services, their wives and all civilian personnel. The Retiree Dining Out is a great way to relive old military traditions, meet old friends and make new ones. For more information concerning the dining out, you may call the Retiree Activities Office, Monday through Friday 0900 to 1200 hours at 253 982-3214. To make reservations or you may fill out the reservation form included on the next page of this newsletter. Mail it along with your check made out for payment to the McChord club or you may call 253 584-1371 or 253 982-5581 to make your reservation and charge it to your club card. We hope to see many of you there for what promises to be a very informative and entertaining evening.

ANNUAL RETIREE DINING OUT

The Thirty First McChord Retiree Activities Annual Dining Out will be held on Friday evening, 17 April 2009. Our speaker this year will be Colonel Mark Shane Hershman, AMC director of Joint Basing Lewis-McChord. Col Hershman will give a talk on the implementation, progress and goals of the McChord / Ft. Lewis Joint Base Realignment Project. In addition, there will be a display of World War II artifacts and captured war souvenirs on view. We hope you will attend and enjoy another outstanding Dining Out.

We extended this invitation to all retirees, their families and friends. It is a great way to spend an enjoyable evening at a reasonable expense. Dress for the evening will be coat and tie for men. If you can still get into your Mess Dress, we encourage you to wear it. We are not going to tell the ladies what to wear. They always know how to properly dress for the occasion.

A "no host" cocktail bar will open at 1800 hours. Everyone should be seated by 1840 hours. There is a choice of King Salmon or Prime Rib Au Jus for dinner and Vegetarian meals can be arranged by request. The complete dinner including gratuity and a beverage will cost \$18.50 per person for the King Salmon and \$20.75 per person for the Prime Rib Au Jus. An additional \$2.00 will be charged non-club member.

Please specify your selection and the number attending on the reservation form below. **Mail** it as soon as possible, but no later than Monday 13 April 2009.

Retiree Dining Out Form

Mail to: McChord Collocated Club
P O Box 4007
McChord AFB, WA 98438

Please make reservations for _____ persons.

Number for:

King Salmon _____ \$18.50 Prime Rib Au Jus _____ \$20.75
(Served with Caesar Salad, roasted baby reds, and peas and carrots)

Add \$2.00 for non-club members

Enclosed is my check payable to McChord Collocated Club or please charge my officer/enlisted club card

_____ (Club card number last nine digits) Expiration Date _____

Please make reservations in the name of _____

Number of Guests _____

You may contact me at (home phone) _____

Pentagon Issues Report on TRICARE Fees: The December 2007 report of the Task Force on the Future of Military Health Care got a lot of attention by urging large increases in fees for military retirees under 65 and an enrollment fee for TRICARE for Life, among many other proposals. For the last year, those recommendations have been under review by a special committee appointed by the Secretary of Defense. Now that committee has issued its "recommendations on the recommendations." The good news is that the Pentagon panel did not propose fee hikes as severe as those urged by the Task Force, and it did not support the proposal for a TFL enrollment fee. The bad news is that it still recommended significant fee hikes for retirees under 65, and proposed means testing those fees based on total family income. Here are some selected specifics: Fees for under-65 retirees: The DoD committee agreed with the Task Force that TRICARE fees should be raised and periodically adjusted to reflect some percentage of military health costs, but declined to propose specific fee levels. They recommended tying TRICARE Prime enrollment fees to some percentage of the Medicare Part B premium (\$96.40 per month this year for the base rate), with a family rate at double the single rate. TRICARE Standard deductibles would be raised by an amount sufficient to provide the same relative level of beneficiary cost sharing. The committee proposed to have the Defense Department secure congressional authority to raise fees and then figure out how much to raise them. They envisioned phasing in the fee increases over a period of years, citing the Task Force's four-year plan. Tiering/Means-Testing: The committee recommended setting different tiers of fees based on retirees' family adjusted gross income. Pharmacy Copays: The committee proposed eliminating copays for generic and brand name formulary medications purchased through the mail-order pharmacy system. For retail pharmacy purchases, copays would be \$4 for generics (vs. the current \$3), \$20 for brand names (vs. \$9), and \$30 for non-formulary medications (vs. \$22). What's likely to happen with these recommendations?" The people who did the study acknowledged the possibility that the new administration may want to take a year to study the issues for themselves before taking a position, but that, too, is pure speculation. (Source: MOAA Legislative Update)

Administration Sets Veterans' Agenda President Obama has promised to deliver the care and benefits that the nation's military veterans deserve while transforming the Department of Veterans Affairs (VA) into a 21st century organization, according to an administration agenda posted on the White House website <http://www.whitehouse.gov/agenda/veterans/>. President Obama, who served on the Senate Veterans Affairs Committee, plans to reverse the 2003 ban on enrolling modest-income veterans into the VA system. The administration also wants to end employment discrimination for guardsmen and reservists and improve the process of transitioning from active duty to civilian life for military members leaving the service or returning from deployment. *"Keeping faith with those who serve must always be a core American value and a cornerstone of American patriotism. Because America's commitment to its servicemen and women begins at enlistment, and it must never end."* -- Barack Obama, Speech in Kansas City, MO August 21, 2007 (Source: Military.com and Whitehouse.gov)

Direct Deposit: Know a veteran who gets a VA check in the mail? They should give electronic deposit a try! Every month, 730,000 veterans or survivors look for their compensation, pension checks or educational assistance payments in their mailboxes. Nearly all receive them, but theft and mail delays cause problems for some veterans, which can be prevented by direct deposits. VA urges those veterans and family members now receiving paper checks to join nearly 3.1 million others whose VA payments are safely deposited electronically. VA is teaming up with the Treasury Department in a new campaign to protect government beneficiaries against the theft of funds and of their identities. Signing up for direct deposit is easy -- call VA toll-free at 1-800-333-1795 or by enrolling online at www.GoDirect.org. Veterans, and family members who receive VA payments, also can sign up by contacting a VA regional benefits office or their financial institution. Information about direct deposits will be included in VA's monthly compensation and pension envelopes throughout 2009. Direct deposits relieve worry about mail delivery being delayed by severe weather or natural disasters. The deposits also eliminate trips to banks or credit unions to deposit checks, while providing immediate access to money at the same time each month. (Source: NAUS)

VA Pharmacy Service Program: To qualify for the prescription benefit provided by VA Pharmacy Service, you must be enrolled in and receiving health care from the VA health care system or be eligible based on one of the exceptions in the law. Only prescriptions written by a VA health care provider, or a VA-authorized provider, can be dispensed by the VA to eligible veteran patients. Your VA provider will review any prescriptions from a private health care provider during a medical visit to determine if they can be rewritten by a VA healthcare provider and dispensed from a VA pharmacy. VA Pharmacy Service provides prescription drugs and medical supplies from VA pharmacies to eligible veterans. The prescriptions may be received at a VA pharmacy or mailed to your home address. **General Program Requirements:** The prescription drug benefit is part of VA's Medical Benefits Package. You must be enrolled in the VA health care system or be eligible based on one of the exceptions in the law. For information on-line for the VA's Medical Benefits Package, please go to <http://www.va.gov/healtheligibility/coveredservices/StandardBenefits.asp>. **Application Process:** For more information about this program and how to apply for prescription benefits, visit <http://www.va.gov/healtheligibility/> or call the Health Benefits Service Center at this toll-free number 1-877-222-8387. Managing Agency: Veterans Health Administration (VHA) <http://www1.va.gov/health> (Source: *GovBenefits.com*)

VA officials assist veterans with health care costs: For veterans struggling financially because of a job loss or decreased income, Department of Veterans Affairs officials offer an assortment of programs that can relieve the costs of health care or provide care at no cost. Veterans whose previous income was ruled too high for VA health care may be able to enter the VA system based upon a hardship if their current year's income is projected to fall below federal income thresholds. The fall must be caused by a job loss, separation from service or some other financial setback. Any veteran determined eligible because of hardship could avoid co-pays applied to higher-income veterans. Qualifying veterans may be eligible for enrollment and receive health care at no cost. "With the downturn in the economy it is important that eligible veterans learn the many ways VA has to help them afford the health care they have earned. In addition, most veterans who recently returned from a combat zone are eligible for no-cost VA care. These veterans are entitled to five years of free VA care. The five-year "clock" begins with their discharge from the military, not their departure from the combat zone. Each VA medical center across the country has an enrollment coordinator available to provide veterans information about these programs. Veterans may also contact VA's Health Benefits Service Center at 1 877 222-VETS, or 8387, or visit the VA health eligibility Web site at www.va.gov/healtheligibility (Source *Air Force Retiree News Service*)

Streamlining Disability Evaluations for Wounded Service Members: The Department of Defense (DOD) is working with the Department of Veterans Affairs (VA) to expand a pilot program that simplifies the current disability evaluation process for wounded, injured and ill service members. The Disability Evaluation System (DES) pilot program is aimed at assisting wounded service members obtain faster access to TRICARE and other healthcare and VA benefits by developing a single medical examination used by both DOD and VA, with a single source disability evaluation done by VA and accepted by DOD. The pilot, implemented in November 2007 in the National Capitol Region, is slated to expand to 19 additional installations through June 1, 2009. Currently, a wounded warrior's branch of service evaluates the member for conditions that may make him or her unfit for duty. This evaluation initiates the medical examination board process. Following separation or retirement from service, the member is again evaluated by the VA for disability and compensation. The pilot process streamlines and makes more transparent both processes through concurrent rather than sequential processing, more information for the member during the process, and comprehensive information regarding entitlements from both agencies at the time of the separation. Under the pilot, only one evaluation is necessary after a member is referred for a service medical evaluation board. The single evaluation also helps service members get comprehensive information about their benefits, including TRICARE. The pilot is a result of the President's Commission on Care for America's Returning Wounded Warriors. The goal is to simplify healthcare and treatment for injured service members and veterans and deliver benefits as quickly as possible. (Continued on the next page)

(Streamlining Disability Evaluations continued) The pilot was initially tested at three Military Treatment Facilities in the National Capitol Region – Malcolm Grow Medical Center at Andrews Air Force Base, Md., Walter Reed Army Medical Center in Washington, D.C., and National Naval Medical Center in Bethesda, Md. Since the pilot program began, the VA indicates more than 700 service members have participated in the pilot. To collect and evaluate data from other geographic regions, 19 more installations have been added to the study, including Fort Carson, Colo., Naval Medical Center San Diego, Calif., and Elmendorf Air Force Base, Alaska. For more information about how TRICARE works for medically retired service members, visit <http://www.tricare.mil>. For more information about VA benefits, visit <http://www.vba.va.gov/VBA>.
(Source; TriCare)

Air Force offers recall program for rated officers RANDOLPH AIR FORCE BASE, Texas (AFRNS) -- The rapid expansion of unmanned aircraft systems and other emerging missions and rated officer requirements has created an Air Force demand for experienced, rated officers. To meet these critical shortages, the secretary of the Air Force has initiated a Voluntary Retired Rated Recall Program. Pilots, navigators, and air battle managers who retired as a lieutenant colonel or below, and who are younger than 60, may apply for the program. Officers recalled under this program will be used in myriad positions including intelligence, surveillance and reconnaissance, rated staff, and other rated requirements. Officers will be recalled for between 24 and 48 months depending upon the requirement. Officers recalled will not be eligible to receive aviator continuation pay. In addition, by volunteering for recall, officers become eligible for deployment. Retired Regular and retired Reserve officers are eligible to apply, and officers who retired via a Selective Early Retirement Board may apply. Officers permanently retired for a physical disability are ineligible. The application period runs through Dec. 31, 2009. For details, go to the Air Force Personnel Center's "Ask" Web site and enter "Retired Rated Recall Program" in the search function. Applicants having additional questions after reviewing this information should contact the Air Force Contact Center at (800) 616-3775. After Feb. 22, call (800) 525-0102. The commercial number is (210) 565-5000, and DSN is 665-5000. People may also send queries via e-mail to afpc.recall@randolph.af.mil. (Source" Air Force Retiree Service)

Study finds Gulf War Illness is real: A report delivered Nov. 17 by a congressionally mandated committee of scientists and veterans has determined that Gulf War illness is a very real disease caused by exposure to toxic chemicals, including pesticides and a drug given to protect service members from nerve gas. The Research Advisory Committee on Gulf War Veterans' Illnesses, which included Assistant National Legislative Director Adrian M. Atizado, says the disease has no effective treatments and has urged that Congress appropriate \$60 million a year to study and develop new, effective medical care. "Gulf War veterans have suffered for nearly two decades while their illnesses were studied and researched," said Atizado. "Their health worsened, and their complaints were discounted or blamed on deployment stress despite the fact that Gulf War veterans have lower rates of post-traumatic stress disorder than veterans of other wars." Gulf War illness is a combination of memory and concentration problems, persistent headaches, unexplained fatigue, and widespread pain. It may also include chronic digestive problems, respiratory symptoms and skin rashes. The report estimates that at least one in four of the 697,000 veterans of the 1991 Gulf War suffer from the illness, which it primarily attributes to the drug pyridostigmine bromide, given to troops to protect against nerve gas and pesticides widely used during the Gulf War. The committee also found associations between Gulf War illness and low-level exposures to nerve agents, smoke from oil well fires, large numbers of vaccines, and other toxins. The Department of Defense says that about 100,000 service members were potentially exposed to low-level nerve agents resulting from the demolitions of Iraqi munitions near Khamisiyah, Iraq, in 1991. A 2007 study found that low-level exposure to nerve gas could cause lasting brain deficits in Gulf War troops. Gulf War veterans also have significantly higher rates of amyotrophic lateral sclerosis than other veterans. Service members who were downwind from the Khamisiyah demolitions have died from brain cancer at twice the rate of other Gulf War veterans. The committee's report says research is now available to consistently indicate that "Gulf War illness is real; that it is the result of neurotoxic exposures during Gulf War deployments and that few veterans have recovered or substantially improved with time." *(Continued on the next page)*

(Gulf War Illness continued) It called for a renewed federal research commitment to find treatments to improve the health of Gulf War veterans and to prevent similar problems in future deployments. "This should be an urgent national goal to restore as much as possible the health and well-being of Gulf War service members," said Atizado. "These veterans have suffered too long hoping for answers and assistance." The report and findings were presented to the Department of Veterans Affairs in hopes for an end to the declining federal funding for Gulf War research and treatment, and the creation of renewed federal research commitments to improve the health of affected Gulf War veterans. "In addition, we would hope the VA would make Gulf War illness a presumptive disability for those who served in the Gulf War," said Atizado. "The time has come for the VA and the nation to recognize that Gulf War illness is a fact, and should be considered in deciding the disability of our Gulf War veterans." Veterans with questions about Gulf War illness should contact their local National Service Office <http://www.dav.org/veterans/NSOffices.aspx> for information. *(Source; DAV)*

Washington State Veterans: All honorably discharged Washington veterans who have served in any branch of the armed forces may be eligible for the following state benefits:

Educational Benefits

County Veterans Assistance/Burial

Homeless Veteran Program

Employment Preference

Reemployment and Layoff Rights

Military Retirement Credit

Motor Vehicle Licenses

Reduced Fishing/Hunting License Fees

State and Federal Park Passes

Documents and Public Records

Reduced Public Transportation Fees

[Click here](#) for more information on the other Veteran Benefits offered by this state. *(Source: Washington Department of Veterans Affairs)*

RAO VOLUNTEERS NEEDED: Has the retired life got you down? Do you need a little something extra to help you fill the hours in your days? The McChord Retiree Activities Office would like to help you out. We have ongoing needs for dedicated volunteers. The RAO desk is staffed by retired volunteers, their spouses and survivors. Our hours of operation are 0900 to 1200 hours Monday through Friday. You may volunteer for one day a week, one day a month or as many days as you like, the choice is yours. Volunteers provide directions, answer phones and do research on questions from fellow retirees (or their spouses and survivor's), questions on retiree benefits such as Tricare, Tricare for Life, Tricare Delta Dental, Retiree Pay matters, veterans programs and much more. Working with fellow retirees can be extremely enjoyable; it is a satisfying feeling knowing that you have helped a fellow retiree or survivor with their important needs. It is also great to get together and rub elbows with fellow retirees and their spouses all working together to help the local retired military community. We host a business luncheon at the McChord Club on the second Thursday of each month. Feel free to stop by and check us out or call and volunteer at (253) 982-3214 or e-mail us at rao@mcchord.af.mil. *(Source: McChord AFB Retiree Affairs)*

SSAN Removal: DOD has announced that, in response to an increasing awareness of the growing need to protect the safety of Service members and their families' identity information, it plans to remove Social Security Account Numbers (SSAN) from all military identification cards by the end of 2010. Instead, the cards will display only the last four digits of the SSAN. Changes to cards will be made upon ID card renewal. Phase One: Remove Dependent SSANs: To begin by end of calendar year 2008. Phase Two: Remove all printed SSANs: To begin by end of calendar year 2009. Phase Three: Remove SSANs embedded in barcodes: calendar year 2012. *(Source DOD)*

McChord AFB Community Center Happenings

Phone 253 982-0718/0719

Base Theater Bldg 742. Col Jackson Blvd Theater shows free movies at 4 and 7 pm on Saturdays and 4 pm on Sundays; popcorn and candy are available for purchase. For the movie schedule call 253 982-5836 or visit <http://www.mcchordafb.us/theater.html>

Adult Guitar Lessons Classes are on Mondays for six weeks from 6:30 to 7 pm. You must be 18 years old or attend with a parent.

Adult Piano Lessons Monday, Tuesday, Wednesday. The cost is \$15 per lesson. For more information, email them at www.mcchordafb.us.

Basic Digital Photography Workshop \$65 for one 4 hour workshop. Classes are offered on Tuesdays from 5 to 9 pm, for more information email www.mcchordafb.us.

Surf Spot Located in the Community Center/Clubs, Bldg 700 (collocated clubs) by the Barber Shop. This service is available to Team McChord members 18 and older. It's a kicking fast WIFI Hot Spot, now with 6 PCs on the bar, tied into a printer (bring your own paper!) ***FREE***! Bring your laptop for convenient web access. One of the best quality-of-life services on McChord! Hours are Monday – Tuesday 8 am to 5 pm, Wednesday – Thursday 8 am to 8:30 pm, Friday 8 am to 11 pm, closed Saturday and Sunday.

Get A Professional Massage Goodbye pain and stress, hello relaxation! Did you know that McChord has its own Licensnd Massage Therapy? Badgerhawk's Bodywork is located inside the Fitness Annex. To make an appointment call 206 396-1467. GIFT CERTIFICATES are available, a great idea for birthdays and anniversaries. For more information visit http://www.mcchordafb.us/fitness_massage.html.

EVENTS: Round II, Texas Hold'em Card Championship Every Thursday through March 26th at the club. Free for McChord Club members, nonmembers \$8. Sign in starts at 5 pm and play starts at 5:30 pm.

Calling all Home Brewers! Submit your best home brew for this sanctioned judging to the club by March 13th to compete. Rules are at http://www.mcchordafb.us/pdf_files/Club/brew_fest/rules.pdf

Auditions for McChord Star Auditions will be held in the Heritage room at the McChord Clubs and Community Center. Application forms at http://www.mcchordafb.us/pdf_files/CC/McChord%20Star%202009%20Application.pdf Rules at http://www.mcchordafb.us/other_pages/Community_Center/McChord%20Star%20Rules%202009.doc

McChord Star Show Will be held at the McChord Clubs/Community Center Heritage Room from 6 to 9 pm on Wednesday April 8, 15, 22, and 29th. Prizes will be awarded at the 29 April show. 1st place \$500, 2nd place \$200 and 3rd place \$100. Come cheer your friends on, every vote counts.

Outdoor Movie on May 29 at the Athletic Field Pavilion next to the club it starts at 7 pm. (Free) Refreshments will be provided.

Pet Day May 9th at the Vet clinic more information to come.

Community Center Flea Market and Garage Sale May 23, June 6 and 20, August 1, 15; 9 am to 1 pm at the McChord Express store parking lot across from the Commissary and BX Mall www.mcchordafb.us for more information.